

HĠĠAR QIM AND MNAJDRA TEMPLES

PREPARE A NEOLITHIC SNACK



INGREDIENTS:

- 3 cups wholemeal flour
- Pinch of salt
- 1 tsp thyme
- 2tbsp animal fat

METHOD:

- Put all dry ingredients in a bowl and mix.
- Add the animal fat
- Mix some water to form the dough
- Knead the dough till elastic
- Flatten the dough as much as possible
- Cook on a hot grill pan on both sides for few minutes.